

# CORPORATE TRAINING...



TRUE  
GROWTH  
TRAINING SCHOOL

## LET'S CONNECT

### Phone

+91 9650810088

### Website

[www.ascentdescentadventures.com](http://www.ascentdescentadventures.com)

### Email

[info@ascentdescentadventures.com](mailto:info@ascentdescentadventures.com)

### Address

501 Kachnar Omaxe  
Parkwoods Baddi Solan  
H.P. 173205

Let's achieve a great adventure in training!  
**ASCENT DESCENT  
ADVENTURES**

# WHAT IS

## CORPORATE TRAINING?

A corporate training program's goal is to provide employees with the skill sets they need to succeed in their jobs. Large firms' corporate training programmes are carried out by L&D departments and TM teams, whilst smaller organisations' training requirements are assessed and managed by the HR team.

## WORKSHOPS

- Leadership Training
- Effective Communication
- Project Management
- Time Management
- Emotional Intelligence
- Unconscious Bias Training
- Compliance Training
- Remote/Hybrid workplace Training
- Stress Management
- Motivation
- Train the Trainer

## DURATION

There is no such thing as a one-size-fits-all solution, but a few considerations might assist you in determining the perfect length. The duration of your training courses will be determined by elements such as your employees' attention level, learning topic, and available time for training.

Usually Minimum 1 day to 5 days  
Maximum.

---

Groups of 4 - 12 person

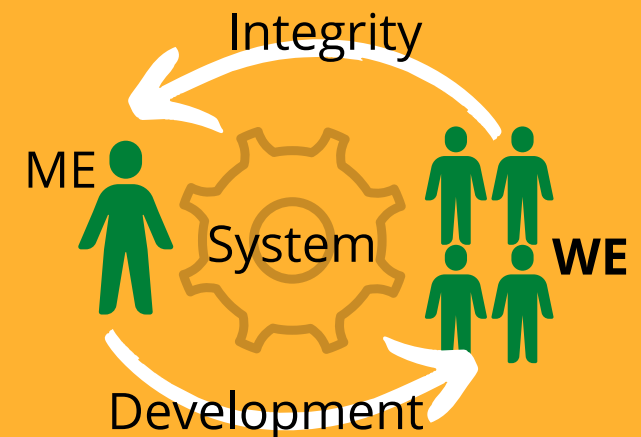
# BENEFITS

## BICEP...

Build organizational culture  
Improve Retention  
Conflict Resolution  
Enhance quality of work  
Performance & Productivity

“ Leadership & learning are indispensable to each other.  
- J.F. Kennedy ”

You can travel from ME to WE



# ESSENTIALS & APPROACHES...

## Duration - 1 Day **ESSENTIALS**

- Compliance Training
- Remote/Hybrid workplace Training
- Motivation

## Duration - 2 Day **BEHAVIORAL APPROACH**

- Emotional Intelligence
- Unconscious Bias Training
- Stress Management
- Train the Trainer

## Duration - 2 Day **LEADERSHIP APPROACH**

- Leadership Training
- Effective Communication
- Project Management
- Time Management

## **TRAINERS**

Trainers have been professionally engaged, in the field of experiential education globally, both indoors and outdoors, for last two decades, with a diverse clientele of institutions and organizations.

Always assisting individuals with an engaging, witty, entertaining, and playful learning style and nurturing the skills to open the doors towards the team focused on one goal: "the advancement of the person & society."

## **ACADEMIC AWARDS**

- UNESCO Appreciation
- Asia Pacific Leadership Program, University of Hawaii (USA) Fellowship
- Wilderness First Responder, Wilderness Medicine Institute (USA)
- The Duke of Edinburgh's Award
- Certified Counselor & Mentor
- MBA in Human Resource
- Master's in Philosophy
- Master's in Psychology